

The Connected June, 2008 Vol. 89

Mission Statement: The Mission of Crisis Connection Inc. is to work in partnership with communities to empower victims, survivors & persons affected by domestic & sexual violence through confidential crisis intervention, education and advocacy in Crawford, Dubois, Orange, Perry and Spencer Counties.

www.crisisconnectioninc.org



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CYBERSEX: THE WRONG SIDE OF THE INTERNET

Joan Knies recently attended a workshop entitled, "Cybersex: The Wrong Side Of The Internet" given by Fr. Roman Paur, St. John's Benedictine Abbey, Collegeville, MN (www.csbsju.edu/fclr).

The following startling statistics were shared:

- There are 4.2 million pornographic websites.
- 42.7% of internet users have viewed porn.
- 40 million U.S. adults regularly visit porn websites.
- The average age of first exposure to Internet porn is 11 years old.
- The largest consumer of internet porn is in the 35-49 age group.
- Revenue from internet porn in 2007 was 7.5 billion dollars.
- There are 68 million pornographic search engine requests and 116,000 child pornography requests daily.
- The U.S. leads the world in number of pornographic websites. They make up 12% of total websites.
- 50 new porn websites are created daily.
- 3 billion porn emails are sent daily.
- 70% of porn usage is from 9am-5pm.
- 75% of American users have some college-level education.
- 90% of youth aged 8-16 viewed porn online, most while doing homework.

*Most of these stats shared at the workshop come from Elizabeth Griffin and David Delmonico of Internet Behavior Consulting Services (www.internetbehavior.com)

INTERNET USE PERSONAL ASSESSMENT

- ✓ How often do I stay on the internet longer than I had intended?
- ✓ Is my use of the internet for work-related matters or mostly for entertainment?
- ✓ How often do I neglect other important things because I'm on the internet?
- ✓ How often does my internet activity interfere with other relational needs?
- ✓ How often am I on the internet when I ought to be doing something else?
- ✓ Is my time of the internet cutting into my time for personal reflection?
- ✓ Do I have difficulty keeping my resolve not to stay on the internet so much?
- ✓ Do I prefer engaging the internet to being with others?
- ✓ Am I forming new relationships with other online users?
- ✓ Do people I am close to comment on my being unavailable because of the internet?
- ✓ Does my job and other commitments suffer because I spend too much time online?
- ✓ How often do I become secretive when asked what I'm doing online?
- ✓ How often do I use the internet as a distraction or to manage stress & frustrations?
- ✓ Do I find the internet for the most part relaxing, satisfying and helpful?
- ✓ Do I find myself 'anticipating' getting online by being preoccupied by it?
- ✓ How often do I lose sleep because of the internet?
- ✓ Do I minimize with others the amount of time I spend online?

Let's call it
what it truly is:

Not 'Child
Pornography'
but

'IMAGES OF

CHILD

SEXUAL

ABUSE.'

CRISIS
CONNECTION
HAS A
PLETHORA OF
TOOLS TO
HELP OUR
COMMUNITY
BE SMART
ABOUT
TECHNOLOGY.

SIMPLY CHECK
OUT OUR
WEBSITE,
([WWW.CRISIS
CONNECTION
INC.ORG](http://WWW.CRISISCONNECTIONINC.ORG));

CONTACT ONE
OF OUR
VICTIM
ADVOCATES;
AND/OR
SCHEDULE A
PRESENTATION
WITH OUR
COMMUNITY
EDUCATION
DEPARTMENT.

RESOURCES TO LEARN MORE ABOUT TECHNOLOGY ADDICTION:

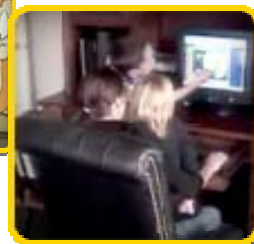
Crisis Connection, Inc. does not necessarily endorse any of these resources. We offer them as information.

1. Dr. Maressa Orzack, Licensed clinical psychologist, on the Harvard Medical School faculty, Coordinator of Computer Addiction Services at McLean Hospital, at www.computeraddiction.com.
2. Dr. Kimberly Young, Executive Director, Center for Online Addiction, at www.netaddiction.com.
3. Support group for people addicted to computer or video games, at www.olgenon.org/Links/links.html.
4. Intervention Center, intervention for addiction, at www.intervention.com.
5. Parents Network Advice about Teenagers - Computer Game Addiction, at www.parents.berkeley.edu/advice/teens/gameaddiction.html.
6. WWW.MEDIAFAMILY.ORG
7. WWW.FBI.GOV/HQ/CID/CAC/INNOCENT.HTM - FBI Crimes Against Children
8. WWW.SEXHELP.COM – Pat Carnes
9. WWW.SEXADDICT.COM – Doug Weiss
10. WWW.ASAM.ORG – American Society of Addiction Medicine
11. WWW.HALTABUSE.ORG - Working to Halt Online Abuse (WHOA)

“If You Wouldn't Say It In Person, Why Would You Say It Online?”

Powerful PSA (public service announcement) videos are available at:
<http://www.ikeepsafe.org/psa/>

One that is particularly eye-opening is cyberbullying. It depicts teen girls at a kitchen table – when they hear their ‘text’ messages aloud & in person, they realize how hurtful they can be.



KNOW THE 4 R's! FROM: http://www.dmoz.org/Kids_and_Teens/safety_teens.html

RECOGNIZE techniques used by Internet predators to groom, deceive or intimidate their victims. In Stage 1 of the grooming process, Internet predators typically collect information from a profile or chat, disguise their own identity, and pretend to have common interests. In Stage 2, they typically support the victims' point of view in online conflicts or offline arguments that are shared, pretend to be the only person who understands the victim, and becomes an IM (Instant Message) or chat buddy. In Stage 3, they typically ask to keep the friendship a secret, exchange email addresses and phone numbers, and use more adult-oriented language and materials. In Stage 4, they typically talk more about adult experiences and sexual topics, gradually introduce more sexual photos and pictures into conversations, encourage sexual curiosity, and share the belief that sex between adults and minors is normal. In Stage 5, they typically use threats of violence or public humiliation if the victim stops communicating or refuses to meet in person. In the Final Stage of the grooming process, Internet predators achieve their ultimate goal of arranging a face-to-face meeting.

REFUSE all requests for personal information (name, address, phone, school name, passwords or family information), to keep an online relationship secret, to arrange a secret face-to-face meeting, to open attachments from people you don't know, and to click on links in spam emails. **RESPOND** assertively by exiting the program (chat room, IM, online game), logging off or turning off the computer, using the back button on your browser, and leaving suspicious emails unopened. **REPORT** any suspicious or dangerous contact that makes you feel uncomfortable to trusted adults, the school, your local law enforcement

There are excellent resources available for download from “Break The Cycle” on ‘Cell Phones & Abuse’ and ‘ Safe Online Relationships’.

www.breakthecycle.org

2 SMRT 4U

The U.S. Postal Inspection Service® and the National Center for Missing & Exploited Children® (NCMEC) launched the **2 SMRT 4U™** campaign to encourage teens to practice safe, smart habits when posting information about themselves on social networking Web sites and blogs. TEEN VOGUE, the Condé Nast publication with a readership audience of 4.5 million young women, will play an integral role in the campaign by disseminating information to readers and creating awareness through a custom-created print advertising campaign and dedicated Web site, along with visibility at special events. The program is in support of the U.S. Attorney General's initiative, Project Safe Childhood. Visit 2SMRT4U.com now!



WHAT TO TYPE

Be smart. If you don't use privacy settings, anyone has access to your blog or profile, not just people you know.

DON'T

- Post your cell phone number, address, or the name of your school
- Post your friends' names, ages, phone numbers, school names, or addresses
- Add people as friends to your site unless you know them in person
- Communicate with people you don't know
- Give out your password to anyone other than your parent or guardian
- Meet in person with anyone you first "met" on a social networking site
- Respond to harassing or rude comments posted on your profile
- Make or post plans and activities on your site
- Post photos with school names, locations, license plates, or signs
- Post photos with the name of your sports team
- Post sexually provocative photos
- Respond to threatening or negative emails or IMs (instant messages).

DO

- Check the privacy settings of the social networking sites that you use
- Set privacy settings so that people can only be added as your friend if you approve them
- Set privacy settings so that people can only view your profile if you have approved them as a friend
- Remember that posting information about your friends could put them at risk
- Consider going through your blog and profile and removing information that could put you at risk
- Delete any unwanted messages or friends who continuously leave inappropriate comments
- Report comments to the networking site if they violate that site's terms of service
- Save or print questionable activity and include date and time
- Tell your parents or guardian if anything happens online that makes you feel scared or confused.

WHEN TO TELL

Trust Your Intuition: Always go with your gut feeling, and if something doesn't feel right to you or a friend, report it. You can help stop the online victimization of youth.

BE CAUTIOUS OF

- Anyone you don't know who asks you for personal information, photos or videos
- Unsolicited obscene material from people or companies you don't know
- Misleading URLs on the Internet that point you to sites containing harmful materials rather than what you were looking for
- Anyone who wants to send you photos or videos containing obscene content of youth 18 and younger (The possession, manufacturing, or distributing of child pornography is illegal.)
- Anyone you don't know who asks you to meet them somewhere offline (If the person is an adult this is illegal and they can be charged with a criminal offense called Online Enticement.)
- Threats to your life or safety
- Threats to others

If any of the above happens to you or a friend, tell an adult you trust and report it to the National Center for Missing & Exploited Children's CyberTipline. For additional information on how to be safer online, visit NetSmartz.org.

Source: Tips adapted from "Blog Beware," a publication of the National Center for Missing & Exploited Children. Read the complete report at NetSmartz.org. © 2006 National Center for Missing & Exploited Children and Boys & Girls Clubs of America. All rights reserved.



WIRED SAFETY as an online tutorial on sexual predators & how they operate:
http://www.wiredsafety.org/sp_tut.html

They also have free videos:
http://www.wiredsafety.org/resources/video/free_videos.html



TECHNOLOGY AND ADVOCACY

Becky Dunlap & Joan Knies recently attended a seminar sponsored by ICADV (Indiana Coalition Against Domestic Violence) entitled, "Keeping Up With The Techies."

Resources That Can Help Survivors Stay Safe Include:

- ❖ <http://www.nnedv.org/> – Safety Net Publications, Survivor CD, etc.
- ❖ <http://www.resource-sharingproject.org/ReShapeNewsletters/Reshape03.pdf>
- ❖ www.ncsl.org/programs/lis/cip/stalk99.htm - Forty-four states now have laws that explicitly include electronic forms of communication within stalking or harassment laws.
- ❖ http://www.crisisconnectioninc.org/pdf/Internet_Safety2.pdf - Internet Safety
- ❖ <http://www.mincava.umn.edu/documents/commissioned/stalkingandtech/stalkingandtech.html>
- ❖ http://www.loveisnotabuse.com/surveyresults_2007mstr.htm.
- ❖ http://www.crisisconnectioninc.org/sexualassault/internetchild_sexual_predators.htm
- ❖ http://www.crisisconnectioninc.org/pdf/Teen_Handout.pdf

WHEN PEOPLE LOOK FOR LOVE IN CYBERSPACE *By Charlene C. Giannetti and Margaret Sagarese*

*"The wise person will put doubts on hold
and instead become cyber-savvy."*

Everyone needs to understand the benefits and hazards IM's (instant messaging), social networking sites (i.e. MySpace, FaceBook), chat rooms, blogs, camera phones, camcorder footage, YouTube, GPS (global positioning system), etc.

Check out the entire article at:
http://www.pta.org/archive_article_details_114557_0938687.html

Violence Against Women Network: Tech Safety Special Collection

http://new.vawnet.org/category/index_pages?category_id=93

This special collection includes a categorized and annotated listing of selected articles, fact sheets, papers, reports and other materials regarding the use of technology as it impacts and intersects with violence against women & children.

USING TECHNOLOGY MORE SAFELY

1. Never share your wireless number, e-mail address or identifying information with anyone you don't know well and trust. Respect others' privacy by never sharing their information.
2. Never use technology to take, send, or post pictures or video of your friends without a trusted adult's permission. Taking or sharing embarrassing pictures of someone is a form of bullying and harassment. Once you post an image or video online, you can't get it back. It lives in cyber world forever.
3. Keep your passwords private.
4. Never give photos of yourself to anyone you don't know extremely well. Never send sexually provocative pictures or messages.
5. Never respond to threatening or frightening voice messages, text messages, instant messages or photos. If that happens, report the incident to your service provider.
6. Block unwanted calls and emails.
7. Use of technology doesn't guarantee privacy.

FROM: www.missingkids.com

STALKING VIDEO AVAILABLE

An 18-minute video, "Stalking: Real Fear, Real Crime," is a training tape produced through the collaborative efforts of the National Center for Victims of Crime, Lifetime Television, and LMNO Productions. It was inspired by the tragic death of Peggy Klinke. Ms. Klinke was stalked and murdered by her ex-boyfriend in January 2003. While the tape is designed primarily for use with law enforcement officers, it is an educational tool that can be used with a wide variety of audiences. The first segment of the tape portrays Peggy's story and illustrates the methods stalkers use to terrorize their victims and the dramatic effect of stalking on victims' lives. Retired Lieutenant Mark Wynn, nationally recognized stalking expert and law enforcement trainer, is featured in the second segment.

http://www.mylifetime.com/community/olc/violence/roll_call.html