

Mission Statement: The Mission of Crisis Connection Inc. is to work in partnership with communities to empower victims, survivors & persons affected by domestic & sexual violence through confidential crisis intervention, education and advocacy in Crawford, Dubois, Orange, Perry and Spencer Counties.

www.crisisconnectioninc.org



P.O. Box 903 Jasper, IN 47547 24-Hour Hotline 1.800.245.4580 cci@psci.net
Dubois County 812.482.1555 Perry County 812.547.8878 Spencer County 812.649.2303

SPECIAL SOMEONE

Each month we spotlight a member of the community who has demonstrated the willingness to go the extra mile in assisting victims of domestic & sexual violence. These outstanding individuals are not vying for public attention; they simply go quietly about their business of being compassionate and involved people who are making a difference in someone's life everyday.

This month, we recognize the **Christian Church of Jasper** for allowing us to have our 'Celebration of Courage' brunch at their facility. They also were very generous in helping any way they could to make it a great experience for everyone involved.

PEACE

Submitted by: Angie Leisman

Peace is not the absence of difficulties...but the handling of difficulties without loss of balance.

The everyday practice is simply to develop a complete acceptance and openness to all situations and emotions and to all people, experiencing everything totally, without mental reservations and blockages, so that one never withdraws or centralizes into oneself.

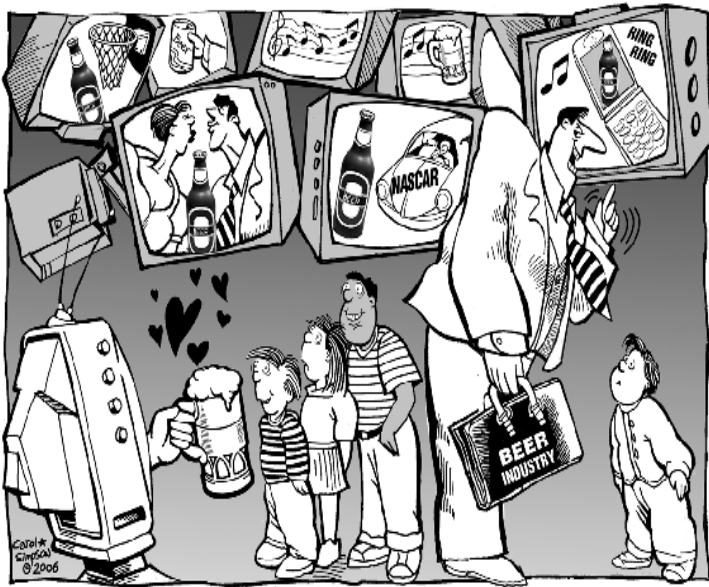
May the work of Crisis Connection resemble PEACE.

From: Catherine Hammond, President, Board of Directors, Crisis Connection, Inc.

On behalf of the Board of Directors, staff and volunteers of Crisis Connection Inc., I would like to take this opportunity to thank the many people who helped make our First Annual Celebration of Courage Brunch an amazing success. The event, which was held in October - Domestic Violence Awareness Month, was made possible by the generous contributions of the following sponsors: Dee & Ken Mulzer, Nancy & Douglas Habig, Holiday World & Splashin' Safari, Brenda & Lloyd Winkler, Cheryl Hillenburg & Stan Pennington, German American Bancorp, Brian Smith, Harvest Moon Bed & Breakfast, Christian Church of Jasper, Hilgers Laundry Cleaners & Linen Supply, the Kentucky Humanities Council and the National Endowment for the Humanities. A special thanks also to the many local artists, merchants and friends who donated the numerous wonderful items for our Silent Auction.

Warmest thanks to the Roger and Julie Payne family for allowing us to support their journey and to each one of you who purchased a ticket, bid on auction items and joined us in making the celebration a huge success.

All proceeds from the event benefited Crisis Connection Inc., the local domestic/sexual violence victim assistance program. The mission of Crisis Connection is to work in partnership with communities to empower victims, survivors, and persons affected by domestic and sexual violence through confidential crisis intervention, education, and advocacy. Thanks so much to all who helped make the Celebration of Courage an event that supported our vision of peace -- one family at a time.



"Now, kids, don't look until you're twenty-one."

BATTERING IS MUCH MORE THAN ASSAULT!

Some battered women have never been physically assaulted and some women who are assault victims are not battered women. Battering is a systematic pattern of violent controlling, coercive behaviors intended to punish, abuse and ultimately control the thoughts, beliefs and actions of the victim. As such, it has been fostered and supported by the dominant, patriarchal culture.

Addressing the need to transform this culture, Donna Garske has written:

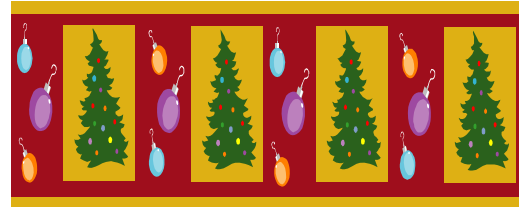
Successful efforts to eliminate violence against women must be driven by an agenda that promotes the basic human right of women and girls as individuals (separate from their roles as family members) to live free of harassment, intimidation, and violence. Until this basic right is established and widely supported, the problem of men's violence toward women will continue. The replacement of current social practices and beliefs that deny this basic human right with those that elevate women's value and status will have radical and far-reaching effects.

From: "Garske, Donna, Transforming the Culture: Creating Safety, Equality, and Justice for Women and Girls, Chapter 13 of Preventing Violence in America, Editors: Hampton, Jenkins and Gullotta, Sage, 1996

National Coalition Against Domestic Violence Mission Statement:

NCADV believes violence against women and children results from the use of force or threat to achieve and maintain control over others in intimate relationships, and from societal abuse of power and domination in the forms of sexism, racism, homophobia, classism, anti-Semitism, able-bodyism, ageism and other oppressions. NCADV recognizes that the abuses of power in society foster battering by perpetuating conditions, which condone violence against women and children. Therefore, it is the mission of NCADV to work for major societal changes necessary to eliminate both personal and societal violence against all women and children.

Learn more at:
<http://www.ncadv.org>



DADS AND DAUGHTERS QUIZ!

According to Dr. JoAnn Deak, self esteem in general is influenced more by fathers than mothers. Understanding that self esteem consists of equal parts of confidence, competence and connectedness; Dads & Daughters has developed a quiz that fathers can take to see how their doing in their role as parent.

Check it out at:
www.dadsanddaughters.org.

Example questions:

1. Name your daughter's 3 best friends.
2. Name a school project she's doing.
3. Name something your daughter is concerned about today.

Help make children safer.
In minutes. [get details at take25.org](http://get.details.at.take25.org)



WWW.TAKE25.ORG



*I light the way to show my support,
to show I care, to ask for violence to end,
to lead you to safety because what happens is not fair.
For there is a message
I want to send for you my child,
for you my sister, and brother.
I light the way and
Ask the question when is this violence going to end?*

FACE TO FACE PROJECT

FACE TO FACE, founded 1992, is a humanitarian and educational surgical exchange program conducted under the sponsorship of the Educational and Research Foundation for the American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS). AAFPRS surgeons provide complimentary care to those who suffer from facial deformities caused by birth or trauma. The FACE TO FACE program offers individuals the opportunity to overcome the physical limitations placed on them by circumstances beyond their control - deformities at birth, domestic violence, and war.

AAFPRS surgeons help victims of domestic abuse who cannot afford to receive treatment for facial injuries. These efforts repair both physical and psychological scars and help women to regain self-esteem and begin to rebuild their lives.

The AAFPRS is the world's largest association of facial plastic and reconstructive surgeons - with more than 2,600 members - whose cosmetic and reconstructive surgery focuses on the face, head and neck. Visit www.facetofacesurgery.org or www.ncadv.org for more information. Contact Indiana Coalition Against Domestic Violence.

Harmful Behavior During the Holidays: Examining Domestic Violence During Stressful Times

by Laurie VanLoon, LICSW from <http://www.emergedv.com/nov06.html>

The holidays! So many expectations, so little time. So many hopes. So many opportunities for misunderstanding and disappointment. Screaming commercialism superimposed on supposed joy and peace: Crazy-making!

Abuse perpetrators are buffeted by holiday forces as much as any of us. But because of certain attitudes and beliefs, abusers can permit themselves to respond with extra-heightened irritability. Abusive acting out is more common during the holidays, making them an especially anxious period for survivors and children. Statistics validate their fears.

Even among previously abusive people who are sincere about change, recidivism is common at this time of year. When stress is high, abusers tend to feel their abuse is excusable, and established coping strategies may fray or disappear.

Among the many factors underlying abuse, this article picks three clusters that often go hand in hand and can lead to unpleasant, controlling, or abusive behavior.

(1) Self-centeredness, entitlement, and refusal to negotiate:

These tendencies can turn holiday decision making into a disaster.

John is a pretty nice guy when things are going his way, but he's worried about not getting his Christmas bonus. Jane wants her parents to visit this Christmas, after three years of going four hours away to his family's. She says she'd like to start alternating years of being home and being away. John angrily yells about what a pain her mother is, and how much work it would be to get the house ready. Jane says she'll deal with her mother, and take full responsibility for the house. This doesn't placate John. His language escalates into full-scale verbal abuse, with contempt and sarcasm about how she's lying about what she will really do. She tries to answer logically, but he storms out of the house, slamming the door and peeling out of the driveway. The kids are scared, and now the word "Christmas" and Daddy's rage are intertwined for them. Jane becomes highly alert, wondering if, when, and how he will return, and whether she should give in to keep the peace.

(2) Rejection of responsibility, displacement, and projection:

Taking responsibility for negative behavior and admitting mistakes is hard for most of us. Abusers seem particularly prone to putting the responsibility on others—not just for their own errors, but for associated uncomfortable feelings, such as sudden emotional flooding. They then use these awkward feelings as justifications for blame and behaving badly. And they get a pay-off for their abuse: striking back when partners point out errors can lead to their partner's future silence.

Alice asks Emily to go holiday shopping with her so they can get gifts for Alice's relatives, who are difficult people. Alice can't find her car keys, and asks Emily for her set. Emily can't find hers either, but starts looking. Alice becomes more and more agitated, throwing things and stomping around, and calls Emily disorganized and irresponsible. She expands her criticisms to other ways she feels Emily has wronged her by being stupid and clueless. Finally, Emily finds her own keys and silently hands them to Alice, who snatches them away and says she's going shopping by herself. Emily says softly, "Alice, you never found your own set. Please make sure I get these back." Alice swears and flings open the door, which hits Emily hard on the shoulder. Emily crumples and weeps. Alice leaves.

(3) Competition and self-victimization:

Abusive people often perceive family relationships in terms of who gets the most attention. When feeling one-down, jealousy for attention leads to nursing a victimized point of view, which in turn supports acting out. Partners' perspectives are not admitted into consciousness, and children can be seen as competitors. *Jim and Mary have lived together for three years. She has two children from a previous partner, now out of the picture. She'd hoped Jim could step in as a father figure. But as the holidays approach, he is out of the house because Mary took out a restraining order after he had gotten drunk, smashed some of the children's toys—screaming that they had too much stuff lying around—then shifted abruptly to try to coerce her upstairs to have sex, all in front of the kids. This is the third scene this year, all starting with his feeling ignored. Last Christmas he was also out of the house with a restraining order, and he's never accepted it was legitimate. Now he has a tornado of feelings: anger, remorse, and abandonment. At the moments he feels scared she will leave him—which she has said she might. He breaks the PO in repeated phone calls, begging her to take him back and "not do this to the kids at Christmastime."*

MASSAGE GIFT CERTIFICATES BENEFIT OUR AGENCY:

Stress Away Therapeutic Massage is offering a special charitable gift certificate for the holiday season – as a gift for yourself, a friend or to donate for a Crisis Connection client. When you purchase a massage gift certificate, Stress Away Therapeutic Massage will make a donation to Crisis Connection.

For every \$30 gift certificate for a 30-minute massage, Stress Away will donate \$5 to Crisis Connection. For every \$50 certificate for a 60-minute massage, Stress Away will donate \$10 to Crisis Connection.

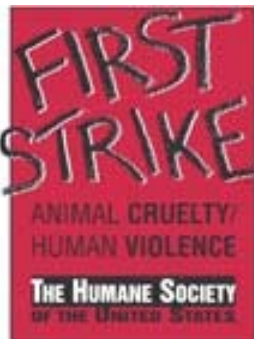
You may contact Kris Lasher with Stress Away Therapeutic Massage at 812-631-2020 to reserve your special win-win holiday gift certificate.

FOUR-FOOTED AND LARGELY FORGOTTEN: EXPLORING THE CONNECTIONS BETWEEN ANIMAL ABUSE AND DOMESTIC VIOLENCE

Adapted from: Diana Wempon, University of Wyoming College of Law

In 2005, Americans spend 36.3 billion dollars on their pets. Aside from necessities like food and medical care, this figure included luxuries as clothing, carriers, etc. In the last few decades, many pets have gone from being looked upon as beasts of burden to becoming full fledged members of human families.

This evolution of pets from what we might term property with a purpose to what we now call 'companions' has had both positive and negative consequences. Abusers often use companion animals to dominate and control their human victims, buying their victim's silence and compliance by threatening, torturing or even killing a beloved pet.



Why do batterers threaten, abuse, or kill animals?

- To demonstrate and confirm power and control over the family.
- To isolate the victim and children.
- To eliminate competition for attention.
- To force the family to keep violence a secret.
- To teach submission.
- To retaliate for acts of independence and self-determination.
- To perpetuate the context of terror.
- To prevent the victim from leaving or coerce her/him to return.
- To punish the victim for leaving.
- To degrade the victim through involvement in the abuse.

If a survivor of domestic violence decides to leave an abusive relationship, they are often faced with some very difficult decisions. For those who have pets, they must decide if they should leave their pets at home with their abuser or to board them. In some cases, a pet might be a woman's only companion that she feels she can trust...leaving the pet can often make her feel guilty. For some, dropping a pet off at an animal shelter is often not an appealing option.

The Humane Society of the United States has several resources that we may review to learn more on this subject and their 'First Strike' campaign. Check it out at: www.hsus.org or www.animalcrueltyisfamilyviolence.org

KNOW THE RULES...

SAFETY TIPS FOR THE HOLIDAYS



1. When in a public facility always supervise your children, and **ALWAYS** accompany young children to the restroom. Make certain your children know to stay with you at all times while shopping and always **CHECK FIRST** with you or the person in charge before they go anywhere. It is important to know where your children are and who they are with at all times.
2. If older children become separated from you while holiday shopping, have them meet you in a predesignated spot such as the sales counter of the store you were in or the mall's information booth. For younger children teach them to look for people who may be sources of help within the store or mall such as a uniformed law-enforcement or security officer, store salesperson with a nametag, person with a nametag who is working in the information booth, or mother with children. They should **NEVER** leave the store/mall or go to the parking lot to look for you or your vehicle.
3. Make an outing to a mall a "teachable" experience in which children practice checking with you; using pay telephones; locating the adults who may be able to help if they need assistance; and, for older children, going to the restroom with a friend. Practice having them **CHECK FIRST** with you before going anywhere within a mall or store. Remember, allowing your children to wear clothing or carry items in public on which their name is displayed may bring about unwelcome attention from inappropriate people looking for a way to start a conversation with your children.
4. Parents and guardians should not leave children alone at public facilities such as video arcades, movie theaters, or playgrounds as a convenient "babysitter" while they are holiday shopping. Never leave children in toy or specialty stores expecting store personnel to supervise and care for your children. They are not trained in this role, and it is not a function of their employment.
5. If you allow your older children to go to the mall or other activities without you, they need to **TAKE A FRIEND**. It's more fun and much safer. Older children should check-in with you on a regular basis while they are out. Make certain a clear plan is in place to pick them up including where, what time, and what to do in case of a change in plans.
6. Nothing takes the place of your supervision when you are in a public place with your children. If you are going holiday shopping and feel you will be distracted, make other arrangements for the care of your children. It's easy to get distracted with all the sights, sounds, and crowds of holiday shopping, so make certain your children stay with you at all times. For more information about child-safety topics, please visit our website or contact us at <http://www.missingkids.com> or check out: www.crisisconnectioninc.org

1-800-THE-LOST ® (1-800-843-5678)

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This project was supported by Grant No. 2005-MC-CX-K024 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice. National Center for Missing & Exploited Children® and 1-800-THE-LOST® are registered service marks of the National Center for Missing & Exploited Children.

