



## TOLERANCE TOOLS & PLURALISM POINTERS

*Simple ideas for promoting equity  
& celebrating diversity.*

Sign the 'Anti-Bullying Pledge' at  
<http://www.crisisconnectioninc.org>!

### Resources That May Assist You:

- <http://www.teachingtolerance.org>
- <http://www.tolerance.org>
- <http://www.adl.org>
- <http://www.usdoj.gov/crs>
- <http://www.naacp.org>
- <http://www.nglrf.org>
- <http://www.pflag.org>
- <http://www.facing.org>
- <http://www.fbi.gov/ucr/hatecm.htm>
- <http://www.pbs.org/niot>
- <http://www.studycircles.org>

### DECLARATION OF TOLERANCE

Tolerance is a personal decision that comes from a belief that every person is a treasure. I believe that America's diversity is its strength. I also recognize that ignorance, insensitivity and bigotry can turn that diversity into a source of prejudice and discrimination.

To help keep diversity a well-spring of strength and make America a better place for all, I pledge to have respect for people whose abilities, beliefs, culture, race, sexual identity or other characteristics are different from my own.

To fulfill this pledge, I will....

- \*examine my own biases and work to overcome them,
- \*set a positive example for my family and friends,
- \*work for tolerance in my own community, and
- \*speak out against hate and injustice.

\_\_\_\_\_  
Signature

Please sign and mail to: 101 Tools, c/o Tolerance.org,  
 400 Washington Avenue, Montgomery, AL 36104  
 Or you may sign the pledge online at  
[http://www.tolerance.org/101\\_tools/declaration.html](http://www.tolerance.org/101_tools/declaration.html)

1. Learn the facts about hate crimes and groups.
2. Do something. In the face of hatred, apathy will be interpreted as acceptance. Do your homework – learn hate groups' agendas, symbols and seek advice on how to combat it.
3. Vary your lunch partner.
4. Be fair on roles of mothers and fathers.
5. Look inside yourself to understand your own prejudices, biases and stereotypes.
6. Report sexual harassment.
7. Don't be a bully and don't allow yourself to help another bully.
8. Journal!
9. Learn about The Holocaust. Check out the story of the school in Tennessee who collected paperclips.
10. Draw or make an art project representing your heritage.
11. Think about heroic contributions that may go unnoticed (i.e. caregivers, shelter/hotline volunteers).
12. Help someone younger make an illustrated list of what friends do and what friendship means.
13. Involve all of your family in selecting organizations to support with charitable gifts of time, talent, and treasure.
14. Eat at an ethnic restaurant. Learn about more than just food.
15. Point out stereotypes and cultural misinformation depicted in movies, TV shows, computer games, and other media.
16. Refuse to support organizations that produce/make a profit off of hate.
17. Don't buy or throw away playthings that glorify violence.
18. Look into issues that may divide us: economic inequality, immigration, homosexuality, discrimination in housing/employment/education.

"What we need in the United States is not division; what we need in the United States is not hatred; what we need in the United States is not violence and lawlessness, but is love and wisdom, and compassion toward one another, and a feeling of justice toward those who still suffer within our country..."

~ Robert F. Kennedy