

Crisis Connection

TV Turn Off!

Resources to check-out to learn more about the impact of television on our culture

www.turnoffyourtv.com

www.adbusters.org

www.cmpa.com

www.tvturnoff.org

<http://www.saferchild.org/linksmedia.htm>

<http://www.fcc.gov/parents/>

www.parentstv.org

<http://www.aap.org/advocacy/mediamatters.htm>

www.parentalguide.org

www.commercialalert.org

www.gogirlsonly.org

www.studio2b.org

www.whitedot.org



Crisis Connection, Inc. 24-Hour Hotline 1-800-245-4580 www.crisisconnectioninc.org

FOOD FOR THOUGHT:

“They put an off button on the TV for a reason. Turn it off...I really don't watch much TV.” ~ President George W. Bush, C-SPAN interview, 1/05

According to the Media Education Foundation:

- The average American watches over 4 hours of television per day.
- 56% of children ages 8-16 have a TV in their bedroom
- The average American sees 2 million TV commercials by age 65.
- Children ages 2-7 watch television alone and unsupervised 81% of the time.
- The average American child sees 200,000 violent acts on TV by age 18.

"American children and adolescents spend 22 to 28 hours per week viewing television, more than any other activity except sleeping. By the age of 70 they will have spent 7 to 10 years of their lives watching TV."

-- The Kaiser Family Foundation

“You watch television to turn your brain off and you work on your computer when you want to turn your brain on.” ~ Steve Jobs, Co-founder of Apple Computer & Pixar, 2/04

"Do you know we are ruled by TV?"

-- from the poem *An American Prayer* by Jim Morrison

“Protestant clergy named divorce, negative influences from the media, and materialism as the three greatest threats to families in their communities.” ~from an Ellison Research study of 695 Protestant church ministers nationwide, 10/04



Things To Do: Instead Of Watching TV



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