



24 - Hour Hotline
1-800-245-4580

INTERNET SAFETY

Revised: 6/26/07

SEX OFFENDER REGISTRY

You can find out who is listed on Indiana's Sex Offender Registry by visiting:
www.indianasheriffs.org

Don't play the games on 'Pop-Ups'!
They are spyware hazards!

YOU & SPAM

The term 'spam' is the unofficial terminology for unsolicited or bulk e-mail. Spam occurs primarily through email. Spam messages are usually commercial in nature often containing sales promotions.

Top Tips For Dealing With Spam:

1. Don't give out your personal e-mail address other than to family, friends and trusted peers.
2. Never open attachments unless you know the sender; they could contain nasty messages.
3. Use a separate family email address for subscriptions, competitions or purchases.
4. Never reply to spam, even to 'unsubscribe' - you could end up getting even more.
5. Create an e-mail address that is hard to guess.
6. Use software to screen spam.

Personal Web Pages

If you decide to do a personal website, first visit www.cybersmartcurriculum.org and complete the lesson plan by visiting & evaluating some sites.



Janine Marks, a 12-year-old, was fairly typical. Janine spent a lot of time online. She felt more comfortable there. One day she met a new friend. They liked the same bands. They worried about the same subjects in school. They promised to keep each other's secrets. They decided to meet at the mall. Janine showed up. So did her new friend. Only her friend wasn't in Junior High. Wasn't nice. And wasn't 14.

CHAT ROOM

good2hug: 14, female, Daytona, FL
joey16: 16, male, Hackensack, NJ
robbieW: 38, male, Daytona, FL
b-ball_tommy: 15, male, Pocatello, ID
tu_tu: 16, female, Burlington, VT
duffme: 44, male, Minneapolis, MN
QTpie: 30, male, Chicago, IL
ty1989: 15, female, Naperville, IL
harrys_grl: 12, female, Appleton, MN
slugger20: 17, male, Jackson, MS
qtrback21: 26, male, Brooklyn, NY
suzie14: 14, female, Portland, OR
hiphopper: 13, female, Plano, TX
paperboy: 41, male, Beaverton, OR

The 14 users currently in the teen chat room.

Are you sure you know who you are 'chatting' with? Do you see the number of adult men in this group of fourteen with names like paperboy?

SAFETY TIPS

- *Use anti-virus software.
- *Do not open e-mail from unknown sources or someone you don't trust
- *Disconnect from the internet when not in use.
- *Use hard-to-guess passwords and keep them private.
- *Back-up your computer regularly on external media as CD's
- *Do not share access or your files with strangers.

DON'T TOLERATE CYBERBULLIES!

If someone bullies you online, here is what you can do:

- *Sign off the computer
- *Leave the website
- *Block the bully's messages
- *Save & print the bully's emails or your message logs
- *Never reply to a bully
- *Report your experience to an adult.

WHAT TO DO IF YOU ARE HARASSED ONLINE:

- If you are being harassed online, take the following actions immediately:
 - Tell an adult you trust - a teacher, parent, older sibling or grandparent.
 - If you are being harassed, leave the area or stop the activity (i.e. news group, online gaming area, instant messaging, etc.).
 - If you are being bullied through e-mail or instant messaging, block the sender's messages. Never reply to harassing messages.
 - Save any harassing messages and forward them to your Internet Service Provider (i.e. Hotmail or Yahoo). Most service providers have appropriate use policies that restrict users from harassing others over the Internet - and that includes kids!
 - If the harassment includes physical threats, tell the police as well.
- Take a stand against harassment with your peers. Speak out whenever you see someone being mean to another person online. Most kids respond better to criticism from their peers than to disapproval from adults.

BOOKS TO REFER TO

"TOTALLY WIRED"

"ODD GIRL OUT"

"NET CRIMES & MISDEMEANORS"

"KATIET.COM" or "A GIRLS LIFE ONLINE"

"THE GIFT OF FEAR"

"Protecting The Gift: Keeping Children & Teenagers Safe and Parents Sane" By: G. DeBecker

"WHAT ARE YOU DOING IN THERE?"

"Cyberbullying & Cyberthreats: Responding To

The Challenge of Online Social Cruelty, Threats & Distress" By: Nancy Willard

"THE BERENSTAIN BEARS LOST IN CYBERSPACE"

"Internet & Computer Ethics for Kids (And Parents and Teachers Who Haven't Got a Clue"

By: D.L. Busch

"A Parents Guide To The Internet and How To Keep Your Children Safe" By: Parry Aftab

By: Anastia Goodstein

By: Rachel Simmons

By: J.A. Hitchcock

By: Katherine Tarbox

By: Gavin DeBecker

By: G. DeBecker

By: Giannetti & Sagarese

By: Nancy Willard

By: Jan & Stan Berenstain

By: D.L. Busch

By: Parry Aftab



www.ikeepsafe.org

Faux Paw!

CARe: Communities Against Rape Initiative is Funded by the Indiana State Department of Health, Centers for Disease Control, Rape Prevention Grant. Principal Investigator: Mary Pilat, Ph.D.



MORE SAFETY TIPS

- Change your password often (and keep it in a safe place)
- Don't share the password with anyone
- Don't open any attachments unless they are run through an antivirus program
- Log off when done
- *'Google' yourself often to see what is 'out there' about you and take appropriate action.
- Don't reply to spam, harassing, or offensive e-mail
- Use common sense and keep personal information personal
- Delete all e-mails, unread, from people you don't know
- Don't be caught by the spammers' favorite trick, "Remember me?"

HDOP:

Help Delete Online Predators!

Know the acronyms:

LOL: (laughing out loud)

BRB: (be right back)

A/S/L: (age, sex, location)

BF: (boyfriend)

WTGP: (want to go private)

LULAS: (love you like a sis)

LMIRL: (let's meet in real life)

CHECK OUT THESE WEBSITES:

WWW.PLAYITCYBERSAFE.COM

WWW.STAYSAFEONLINE.INFO

WWW.CYBERTIPLINE.COM

WWW.GETNETWISE.ORG

WWW.HALTABUSE.ORG

WWW.CYBERSMARTCURRICULUM.ORG

WWW.WIREDKIDS.ORG

WWW.MYSAFEFAMILY.ORG

WWW.NETFAMILYNEWS.ORG

WWW.MEDIA-AWARENESS.CA

WWW.BLOGSAFETY.COM

http://www.noslang.com/dictionary/s

WWW.OJDP.NCJRS.ORG/PROGRAMS/INDEX.HTML - ICAC (I'net Crimes Against Children)

HTTP://WWW.VCPIONLINE.ORG/MOUSETRAP.ASP

WWW.NETFAMILYNEW.ORG

WWW.STAYSAFE.ORG

Indiana School Safety Specialist Academy, <http://ideanet.doe.state.in.us>

Sesame Workshop, www.ctw.org/parents/solutions/information/listing.php

WWW.SCHOOLBULLYONLINE.ORG

WWW.CYBERCITIZENSHIP.ORG

http://csriu.org

http://www.ftc.gov/bcp/online/edcams/kidzprivacy/index.html

WWW.CHILDRENSPARTNERSHIP.ORG

HTTP://MSN.STAYSAFEONLINE.ORG

WWW.2SMRT4U.COM

http://zoeyroom.com/

WWW.WIREDSAFETY.ORG

WWW.NETSMARTZ.ORG

WWW.SAFETEENS.COM

WWW.SAFEKIDS.COM

WWW.INTERNETSUPERHEROES.ORG

WWW.CRISISCONNECTIONINC.ORG

WWW.ISAFE.ORG

WWW.PROTECTKIDS.COM

WWW.IKEEPSAFE.ORG (Faux Paw)

WWW.CERIAS.PURDUE.EDU

WWW.SAFESURFERS.ORG

WWW.OBSCENITYCRIME.ORG

WWW.FOSI.ORG

WWW.ONGUARDONLINE.GOV

WWW.CYBERSPACERS.COM

WWW.IDEANET.DOE.STATE.IN.US

WWW.CTW.ORG/PARENTS/SOLUTIONS/INFORMATION/LISTING.PHP

WWW.NETMOM.COM

http://www.ala.org/cipa/

WWW.COX.COM/TAKECHARGE

WWW.VIRTUALGLOBALTASKFORCE.COM

BLOGGING!

A blog (short for Web Log) is a Website of your own where you enter information ordered by date. It can also be called an online diary or online journal that is shared with others online. Some blogs include: mspace; xanga; facebook; etc. Blogs can make it easy to express yourself, connect with friends and make new ones, but please remember that what you post publicly could embarrass you or expose you to danger. Here are some common sense guidelines that you should follow:

- Don't forget that your profile and forums are public spaces. Don't post anything you wouldn't want the world to know (e.g., your phone number, address, IM screens name, or specific whereabouts). Avoid posting anything that would make it easy for a stranger to find you, such as where you hang out every day after school.
- People aren't always who they say they are. Be careful about adding strangers to your friends list. It's fun to connect with new friends from all over the world, but avoid meeting people in person whom you do not fully know. If you must meet someone, do it in a very public place like a police station and bring a friend or trusted adult.
- Harassment, hate speech and inappropriate content should be reported. If you feel someone's behavior is inappropriate, react. Talk with a trusted adult, or report it to the authorities.
- Don't post anything that would embarrass you later. Think twice before posting a photo or info you wouldn't want your parents or boss to see!
- Don't mislead people into thinking that you're older or younger. If you lie about your age, the carrier can delete your profile.
- If you include links to other pages (such as your church or school), they most likely will contain information about your town.
- Do not use your email address on your page, especially if it contains your last name or it from a small, local ISP (Internet Service Provider). (JSMITH@hometown.com) If you really want the ability for someone to contact you, consider a getting a generic email address. You can easily obtain one from Hotmail or use the one that is provided with your Web space.
- If you have a small, local ISP (Internet Service Provider) and use their Webspace, a predator would be able to figure out your location easily, by looking up where the ISP is located. Consider using free Web space from About.com instead.
- Be careful of what pictures are posted. Study the backgrounds of the pictures, is there something on them that would give away your location? (Baseball team jerseys, Signs, etc)