

AREA HELPING RESOURCES

What's the problem? Know the places you and your friends can go to for help. Know the people you can talk to.

Please add to this list as you find additional helpers!

Use the information below to get help from those who you determine are qualified to help!

PROBLEM/OPPORTUNITY:	AGENCY:	PHONE:
Alcohol/Substance Abuse	<i>Meeting times for Alcoholics Anonymous, etc. are usually in local newspapers.</i> www.alcoholics-anonymous.org	888-4AL-ANON
Bullying Issues	National Center for Victims 1-800-FYI-Call	info@jodeeblanco.com
Cancer Issues	American Cancer Society 24 Hr. Line:	812-482-7545 1-800-ACS-2345
Child Abuse	Child Abuse Hotline Area Offices of Department of Child Services: http://www.in.gov/dcs/2372.htm	1-800-800-5556 812-482-2585 812-649-9111
Domestic Violence/Sexual Assault	Crisis Connection, Inc. www.crisisconnectioninc.org 24 Hr. Hotline:	812-482-1555 1-800-245-4580
Family	Indiana Family Helpline	1-800-433-0746
Law Enforcement	Emergency Indiana State Police Sheriff's Department	911 1-800-742-7475 Crawford Co 800-548-5375 Dubois Co 812-482-9111 Perry Co 812-547-2441 Spencer Co 812-649-2286 Orange Co 812-723-2417
	Indiana State Excise Police Hotline	1-866-2STOPEM
Mental Health Issues	Southern Hills Emergency: Ctr. for Psychological Services Memorial Hospital Outpatient	812-482-3020 or 1-800-883-4020 812-482-9988 812-481-5780
Sexual Health	HIV/AIDS Info Line AIDS Hotline Tri-Cap Jasper WIC (Women/Infants/Children) WIC (Women/Infants/Children) WIC (Women/Infants/Children)	1-800-848-2437 1-800-342-AIDS 812-482-2233 812-481-7060 812-649-9024 812-547-8615
Sexual Identity	Tri-State Alliance; www.tsagl.org	812-422-5951
Tobacco Use - Smoking/Chewing	ITPC - www.whitelies.tv www.voice.tv	1-800-QUIT-NOW
Suicide	Survivors of Suicide, Inc. (QPR-Question, Persuade, Refer) http://www.indianasuicidepreventioncoalition.org/	812-683-0680 1-800-SUICIDE 1-800-273-TALK
Runaway	Covenant House National Runaway Hotline	1-800-999-9999 1-800-448-4000
Overall Help	www.boystown.org	1-800-448-3000
*Helps People Find Resources To Help	www.211.org	211
Self Abuse Finally Ends (SAFE)	www.selfinjury.com www.psyke.org	1-800-DONTCUT
Crime Victims	www.ncvc.org (Get Help Series & Teen Victim Project)	1-800-FYI-CALL
Gun Safety/Weapon Threats	http://www.paxusa.org/speakup/index.html	1-866-SPEAK-UP
Teen Help Line	www.teencentral.net	1-800-334-4543
Child-Help USA	www.childhelp.org	1-800-4-A-CHILD
National Teen Dating Abuse Helpline	www.loveisrespect.org	1-866-331-9474
National Sexual Assault ONLINE Helpline	www.rainn.org	1-800-656-HOPE
Government	Indiana House of Representatives Indiana Senate State Information Center Federal Information Center	1-800-382-9842 1-800-382-9467 1-800-457-8283 1-800-688-9889

WEBSITES PROVIDED AS A REFERENCE ONLY:

www.4-H.org	4H
www.bullying.org	Anti-Bullying
www.stopbullyingnow.org	Anti-Bullying
www.nonamecallingweek.org	Anti-Bullying
www.handsproject.org	Anti-Bullying
http://stopbullyingnow.hrsa.gov	Anti-Bullying
www.operationrespect.org	Anti-Bullying
www.kidsareworthit.com	Anti-Bullying
www.scouting.org	Boy Scouts of America
www.bgca.org	Boys and Girls Club of America
www.driveofyourlife.org	Career Selection
www.dreamit-doit.com/Southeastindiana/	Careers
www.childtrends.org	Child Trends
www.cwla.org	Child Welfare
www.cdc.gov	Cntrs. for Disease Control and P'tion
www.knowhow2go.org	College Prep
www.students.gov	College Prep / Education / School
www.triptocollege.org	College Prep
www.march2success.org	College Prep
http://www.ycwa.org/	Crime
www.weprevent.org	Crime Prevention
www.ncpc.org	Crime Prevention
www.mcgruff.org	Crime Prevention Council
www.ncvc.org	Crime Victims
www.nationaltcc.org	Crime, Teens and the Community
www.americanhospice.org	Dealing with Grief
www.safenetwork.net	Domestic Violence
www.safehorizon.org	Domestic Violence
www.breakthecycle.org	Domestic Violence
www.aaafoundation.org	Driving Traffic Safety
www.saferoads.org	Driving Traffic Safety
www.preventinjury.org	Driving Traffic Safety
www.urthespokesperson.org	Driving Traffic Safety
www.nhtsa.dot.gov	Driving Traffic Safety Buckle Up Campaign
www.nacoa.org	National Ass'n For Children of Alcoholics
www.atf.treas.gov/kids/index.htm	Drug Substance Abuse Issues
www.tobaccokids.org	Drug Substance Abuse Issues
www.al-anon.alateen.org	Drug Substance Abuse Issues
www.alot2lose.com	Drug Substance Abuse Issues
www.AbovetheInfluence.com	Drug Substance Abuse Issues
www.Freevibe.com	Drug Substance Abuse Issues
www.TheAntiDrug.com	Drug Substance Abuse Issues
www.TeachersGuide.org	Drug Substance Abuse Issues
www.mediacampaign.org	Drug Substance Abuse Issues
www.WhiteHouseDrugPolicy.gov	Drug Substance Abuse Issues
www.FindTreatment.SAMHSA.gov	Drug Substance Abuse Issues
www.methresources.gov	Drug Substance Abuse Issues
www.justthinktwice.com	Drug Substance Abuse Issues
www.madd.org	Drug Substance Abuse Issues
http://ncadi.samhsa.gov	Drug Substance Abuse Issues
www.freevibe.com	Drug Substance Abuse Issues
www.drugfreeamerica.org	Drug Substance Abuse Issues
www.sadd.org	Drug Substance Abuse Issues
www.theantidrug.com	Drug Substance Abuse Issues
www.voice.tv	Drug Substance Abuse Issues
www.inhalants.org	Drug Substance Abuse Issues
www.udetc.org	Drug Substance Abuse Issues
www.factsontap.org	Drug Substance Abuse Issues
www.acde.org	Drug Substance Abuse Issues
www.ncadd.org	Drug Substance Abuse Issues
www.drugabuse.gov	Drug Substance Abuse Issues
www.duboiscountysubstanceabuse.org	Drug Substance Abuse Issues
www.perrycountysubstanceabuse.org	Drug Substance Abuse Issues
http://www.niaaa.nih.gov/	Drug Substance Abuse Issues



WEBSITES - CONTINUED:	
www.rid-usa.org	Drug Substance Abuse Issues
www.wntd.com	Drug Substance Abuse Issues
www.reclaimingfutures.org	Drug Substance Abuse Issues
www.niaaa.nih.gov	Drug Substance Abuse Issues
www.gettingthemsobber.com	Drug Substance Abuse Issues
www.faceproject.org	Drug Substance Abuse Issues
www.preventionprofessionals.org	Drug Substance Abuse Issues
www.kickbutts.org	Drug Substance Abuse Issues
www.drugfree.org	Drug Substance Abuse Issues
http://checkyourself.com/	Drug Substance Abuse Issues
http://stopandstartover.org/index.htm	Drug Substance Abuse Issues
http://www.saying-no.com/	Drug Substance Abuse Issues
www.BeerSoaksAmerica.org	Drug Substance Abuse Issues
http://www.why21.org	Drug Substance Abuse Issues
http://www.madd.org/Under-21.aspx	Drug Substance Abuse Issues
http://www.joechemo.org/index.htm	Drug Substance Abuse Issues
www.drugstory.org	Drug Substance Abuse Issues
www.stopmedicineabuse.org	Drug Substance Abuse Issues
http://www.dxmstories.com/	Drug Substance Abuse Issues
www.fivemoms.com	Drug Substance Abuse Issues
www.lungusa.org	Drug Substance Abuse Issues Clean Air Month
www.safegrad.com	Drug Substance Abuse Issues Partying Safely
www.straightscoop.org	Drug Substance Abuse Issues
www.icountadvisors.com	Drug Substance Abuse Issues
www.youcanhelpkids.org	Drug Substance Abuse Issues
www.playclean.org	Drug Substance Abuse Issues
http://camy.org	Drug Substance Abuse Issues
http://www.usdoj.gov/dea/pubs/straight/cover.htm	Drug Substance Abuse Issues
www.communityofconcern.org	Drug Substance Abuse Issues
www.thecoolspot.gov	Drug Substance Abuse Issues
www.clubdrugs.org	Drug Substance Abuse Issues
http://teens.drugabuse.gov/	Drug Substance Abuse Issues
http://www.somethingfishy.org/	Eating Disorder
www.fbi.gov/kidspage/index.html	FBI Kid's Page
http://www.wannabet.org/	Gambling
http://www.ipgap.indiana.edu/	Gambling
www.indianaproblemgambling.org	Gambling
www.nati.org	Gambling
www.responsiblegambling.org	Gambling
www.indianaproblemgambling.org	Gambling Problem In Indiana
www.girlscouts.org	Girl Scouts of the USA
www.empowered.org	Girls Leadership
www.cancer.org	Great American Smokeout/Sun Safety
www.jointogether.org	Gun Violence
www.coolnurse.com	Health
www.apha.org	Health
www.bam.gov	Health -Body and Mind
www.statehealth.in.gov	Health Dept. of Indiana
nahic.ucsf.edu/index/php/niih/C9	Health Information
www.healthypeople.gov	Healthy People 2010
www.loveisnotabuse.com	Healthy Relationships
www.break-the-cycle.org	Healthy Relationships
www.mencanstoprape.org	Healthy Relationships
www.sportinsociety.org/mvp	Healthy Relationships
www.chooserespect.org	Healthy Relationships
www.dvirc.org.au/whenlove	Healthy Relationships
www.promotetruth.org	Healthy Relationships
www.takecareonline.org	Healthy Relationships
www.helpstartshere.org	Help from Social Workers
www.in.gov/cji/poy	Indiana Criminal Justice Institute
www.iyi.org	Indiana Youth Institute
www.safekids.com	Internet Safety
www.safeteens.com	Internet Safety
www.chatdanger.com	Internet Safety
www.netsmartz.com	Internet Safety



*It Doesn't Matter If You Fall
Sometimes; It's How High
You Bounce When You
Fall That Counts!*



WEBSITES - CONTINUED:	
www.cyberkids.com	Internet Safety
www.nmha.org	Mental Health
www.whatadifference.org	Mental Health
http://nostigma.org/students.php	Mental Health
www.nimh.gov	Mental Health
http://www.about-depression.com	Mental Health
www.mhaofnyc.org/2lifenet.html	Mental Health Association 1-800-LIFENET
www.mentalhealthscreening.org	Mental Health National Depression Screening Day
www.mindyourmind.ca	Mental Health/Stress Management
www.mymoney.gov	Money/Finance
www.nefe.org	Money/Finance
www.NTRBOnline.org	Money/Finance
www.nylc.org	National Youth Leadership Council
www.nationalpal.org	Nat'l Ass'n Police Athletic/Activities League
www.missingkids.com	Nat'l Ctr. For Missing and Exploited Children
http://www.in.gov/cji/poy	Point of Youth
www.pcain.org	Prevent Child Abuse Indiana
www.urthespokesperson.org	Prevention
www.pbs.org/inthemix	Public Broadcasting In The Mix
www.seeitandstopit.org	Rape Sexual Assault Prevention
www.rainn.org	Rape, Abuse and Incest Nat'l Network
www.covenanthouse.org	Runaway
www.smartrisk.ca	Safety
www.nsc.org	Safety
http://www.thesafespace.org/	Safety Planning
www.boostup.org	Schooling
www.indianaonlineacademy.org	Schooling
www.college.gov	Schooling
www.colleggoalsunday.org	Schooling
www.psyke.org	Self-Mutiliation
www.self-esteem-nase.org	Self Esteem
www.ashastd.org	Sexual Health
www.teenpregnancy.org	Sexual Health
www.sexetc.org	Sexual Health
www.teenwire.com	Sexual Health
www.itsyourlife.org	Sexual Health
www.notmenotnow.org	Sexual Health
www.iwannaknow.org	Sexual Health
www.citykids.com	Sexual Health
www.plannedparenthood.org	Sexual Health
www.healthyteennetwork.org	Sexual Health
www.youngwomenshealthy.org/si.html	Sexual Health
www.advocate.com/	Sexuality
www.lgbtcampus.org	Sexuality
www.hrc.org/	Sexuality
www.stonewallsociety.com/resourcestext.htm	Sexuality
www.aardvarc.org/dv/gay.shtml	Sexuality
www.lambda.org/DV_background.htm	Sexuality
www.ncadv.org/files/lgbt.pdf	Sexuality
www.gmdvp.org/	Sexuality
www.outfront.org	Sexuality
http://smyal.org	Sexuality
http://www.indianarespect.com/respect.asp	Sexual Health Abstinence
www.save.org	Suicide Education
www.yellowribbon.org	Suicide Education
www.jasonfoundation.com	Suicide Education
www.suicidology.org	Suicide Education
www.afsp.org	Suicide Education
www.takecareonline.org	Taking Care
www.teenadvice.org	Teen Issues



www.teenhelp.org	Teen Issues
www.7habits4teens.com	Taking Care
WEBSITES - CONTINUED:	
www.tolerance.org	Tolerance
http://janeelliott.com/learningmaterials.htm	Tolerance
http://www.paperclipsmovie.com/	Tolerance
www.teachingtolerance.org	Tolerance
www.committeeonconscience.org	Tolerance
www.adl.org	Tolerance
www.tbio.org	Turn Beauty Inside Out
www.cdc.gov	U.S. Centers for Disease Control & Prevention
www.unicef.org/voyn/	UNICEF Voices of Youth
www.vday.org	Vagina Monologues
www.channelone.com	Variety of Information
www.servenet.org	Volunteer Service
www.ysa.org	Volunteer Service
http://www.youthlink.org/us/	Volunteer Service
www.teensvolunteer.org	Volunteer Site for Teens
www.payattention.org	Voter Education
www.votesmart.org	Voter Education
www.wherestheoutrage.org	Where's The Outrage?
www.atthetable.org	Youth Activism
www.yar.org	Youth as Resources
www.youthbuild.org	Youth Build USA
www.ycwa.org/index.html	Youth Crime Watch of America
www.freechild.org	Youth Social Change
www.readwritethink.org	Homework / Education
www.thinkfinity.org	Homework / Education
www.theredflagcampaign.org	Healthy Relationships
http://www.highschoolblues.com/index.asp	
http://www.drugfreeinfo.org/ateens.html	
http://www.drugfree.org/Intervention/Quiz/CRAFFT_Quiz	
http://captus.samhsa.gov/central/EyeOnPrevention.cfm	
http://www.pbs.org/wnet/closetohome/	
http://www.apahelpcenter.org/featuredtopics/feature.php?id=38	
http://www.ndvh.org/educate/teen.html	
http://www.apahelpcenter.org/dl/resilience_for_teens-got_bounce.pdg	

